

## **GLUTEN FREE BAKEHOUSE**

## BREAD 2024 ORDER FORM

NAME:	TELEPHONE:					
EMAIL:						
PLEASE SELECT ONE OF THE FOLLOWING DATES						
PICK UP FROM STORE FRONT (5225 NTH ISLAND HWY, COURTENAY) (between 9am-4pm)						
Saturday DEC 14th	Monday DEC 23rd					

PRODUCT	DETAILS	COST	BULK	UNITS	TOTAL
Sandwich Loaf	GF	\$9			
Wholemeal Loaf	GF, DF, RSF, L-F	\$9			
Cheese & Chive Loaf	GF	\$11			
Cinnamon Raison	GF	\$10			
The Flax Loaf	GF, DF, V	\$10			
Apple Fritter Pecan	GF	\$11			
The Primal Loaf - please circle one of the following sesame sprouted seed caramelized onion, rosemary & cheddar apple fritter pecan	GF, SF, P, K	\$11 \$12 \$12 \$12			
The Primal Artisan - please circle one of the following sesame sprouted seed fig & walnut olive & rosemary beet, caraway & walnut	Gr, Dr, P, K, V, Sr	\$11 \$12 \$12 \$12 \$12			
Hamburger Buns	Please Specify 1. GF 2. GF, SF, K, P	\$2	6 / \$10 12 / \$20		
Gourmet Hamburger Buns	Please Specify 1. GF - Cheesy Pesto Buns 2. GF, SF, K, P - Caramelized Onion, Rosemary, Cheddar	\$3	6 / \$15 12 / \$30		

PRODUCT	DETAILS	COST	BULK	UNITS	TOTAL
Baguettes	GF, DF, V, SF	\$7			
TOTAL					

GF - gluten free / DF - dairy free / SF - sugar free / RSF - refined sugar free / V - vegan / P - paleo / K - keto / L-F - low-fodmap

- PLEASE EMAIL OR PLACE ORDER INTO OUR PAYMENT SLOT AT OUR STORE 2 WEEKS PRIOR TO PICK UP DATE - LATE ORDERS MAY NOT BE FILLED -

PAYMENT TO BE MADE IN FULL ONCE ORDER CONFIRMED - E-TRANSFER, CASH AND CHEQUE ACCEPTED -

## PLEASE SPECIFY ON YOUR ORDER FORM IF YOU ARE DIABETIC OR HAVE ANY FURTHER ALLERGENS SUCH AS NUTS

Georgie Swift
250 650 7314
www.RootsRising.com
georgie@rootsrising.com
5225 Nth Island Hwy,
Courtenay, BC, V9J1S7, Canada